

So you can be  
**you**

All about the  
Family Portal



easy read



# About the Family Portal



We have a new way for your family and friends to know more about your daily life.



It is called the **Family Portal**.

The **Family Portal** is a way that your family and friends can see your information.



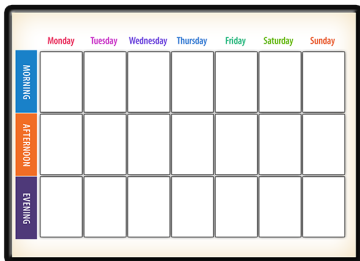
Usually, the more information about your daily life we can share with your family and friends, the better your support will be.



Your friends and family can see the information about you by going on a website.



# What information you can share on the Family Portal



You can share your calendar. This means your family and friends will know what your plans are.



You can share photos so your family and friends can see the best bits of your day.



You can share your **daily records**. Your **daily records** say what you have done each day like what activities you have done or what you have eaten. This helps your family and friends find out a bit more about your day.



You can share your **Activate Outcomes**. Your **Activate Outcomes** are the things you are doing to meet the goals in your support plan.



# Sharing your information



We will only share information on the **Family Portal** that you tell us it is ok to share.



You can choose what information you want to share on the **Family Portal**.



You can choose who sees your information on the **Family Portal**.



You can choose what information you want each person to see.



If you would like, your support team can show you the **Family Portal**.



You can change your mind about what you share and who sees it at any time.



What happens next is your support team will share the consent form about sharing information on the **Family Portal** with you. They will help you to complete it.

## **Better Lives for More People**

Dimensions supports adults with learning disabilities, autistic people, individuals with complex health or forensic needs, and those with a history of behaviours of distress.

The people we support and their families are at the heart of everything we do. We want every person we support to have a great, ordinary, active life as part of their local community.

### **Find out more**

[dimensions-uk.org](https://www.dimensions-uk.org)

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